



Weekly Publication

May 10 – May 16, 2026

Published by Your Log Team

*Input for this newsletter is welcome by Friday a.m. each week sent to
sutherlin97479+tvlog@gmail.com*

Follow Weekly Scheduled Activities on our Online TeamUp Calendar Go to Quick Links on the website home page and choose Park Online Calendar.

☀ ☀ **May Sunshine Person is Mary Reagan #28 951 285-0995** ☀ ☀

Committee Meetings

May 12, 2026, 10:00 am Emergency Preparedness Committee

May 14, 2026, 10:00 am Board Agenda Workshop

May 15, 2026, 9:00 am Landscape Committee, meet at the Landscape Shed

RV Living and Electricity Use (Revised 5/3/2026)

As you know, experience in RV living has taught us to master our utilities. RVs are NOT houses. Utilities in the RV world are typically thought of as a full-hookup site, providing water, sewer, and electrical service. Your site at Timber Valley provides these utilities. We all share the use of these utilities, and they ARE limited. Using water as an example, if everyone turned on their water full blast at the same time everyone's water pressure would probably be reduced. The same issue exists with our electric use but in a different way. If everyone uses too much electricity at the same time, the main electrical circuit breakers may trip, causing entire parts of the park to be without electricity! And these breakers must cool down before they can be reset. Needless to say, it is NOT fun to be without electricity when it's 90+ degrees outside. I'm sure everyone knows that Timber Valley has a policy of only running one air conditioner, however, there is more to the story. There are several appliances that we have that can draw just as much electricity as "one air conditioner."

These appliances are:

- Clothes dryers
- Electric water heater elements
- Microwaves and convection ovens.

Consider on a 90-100 degree day, if you are running your air conditioner and it is dinner time, using your microwave or convection oven is the SAME THING as running two air conditioners. This applies to all of the above-mentioned appliances. What can we do to prevent the main electrical breakers from tripping? The hottest part of day, when this is critical, is about 3pm to 8pm. Avoid use of these appliances during this critical time or turn off your air conditioner for the brief time needed. Use these appliances in the morning or late evening when the temps are cooler and the demand lowers. This will greatly help the overall "load" and will go a long way towards preventing master electrical breakers from tripping. If your rig loses power, check to see if your neighbor has lost power. If the distribution panel needs to be reset, please call the office (541) 459-4465, during working hours, or call (541) 900-6124 during off hours. This number is forwarded to a member of the PCM Electric Project.

Thank you for your consideration for our community.

Protecting Important Documents

Brought to you by your Emergency Preparedness Committee

In an emergency, having quick access to important documents can make recovery much easier. Taking time now to organize and protect these items is a simple but valuable step.

Consider preparing:

- Copies of identification, insurance policies, and medical information
- A list of medications and emergency contacts
- Digital backups stored securely (USB or cloud storage)
- A waterproof and portable folder

Keeping documents organized and accessible can reduce stress during and after an emergency.

Sources: Ready.gov | American Red Cross

Record Crowd at Qi Gong Session Brings Energy to Timber Valley

Timber Valley residents set a new attendance record at the Qi Gong session on Monday, May 4th, with an enthusiastic turnout filling the clubhouse with movement, laughter, and positive energy. The growing popularity of the class reflects the increasing



interest among residents in gentle exercise programs that support both physical and mental well-being.

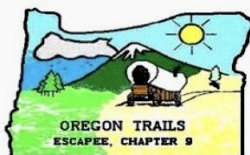
Qi Gong (pronounced "chee-gong") is an ancient Chinese practice that combines slow flowing movements, controlled breathing, balance, stretching, and meditation. Often described as "meditation in motion," QiGong is suitable for nearly all

fitness levels and can even be adapted for those who prefer to participate while seated. Many participants report improvements in flexibility, balance, posture, circulation, and overall relaxation. Regular practice may also help reduce stress, improve focus, ease joint stiffness, and promote better sleep. One of the greatest benefits is that the movements are low-impact and easy on the joints, making Qi Gong especially popular with active adults looking for a gentle but effective wellness activity. Beyond the health benefits, the sessions have also become a wonderful social gathering where neighbors connect, encourage one another, and start the day on a positive note. Due to the enthusiastic response and continued growth in attendance, everyone is encouraged to arrive a few minutes early to find a comfortable spot. Qi Gong sessions are held every Monday, Wednesday, and Friday at 10:00 a.m. in the Timber Valley clubhouse. New participants are always welcome. Come give it a try and see why so many residents are discovering the benefits of this relaxing and energizing practice. Pictured here are 12 of the 18 members in attendance.

TUESDAY MAY 12, 2026, 1 PM ORGANIZATIONAL MEETING FOR CHAPTER 9

Everyone Welcome. Timber Valley Clubhouse Dining Room

Bring your ideas of what kind of activities and camp outs that would be fun to do this



year. Not a member? It's just \$5 per year - See you there.

YARD SALE



TV YARD SALE

Saturday, June 6th
9:00am - 4:00pm



Set up your yard sale at your site

(\$5 donation...proceeds to "Jacks & Jills")

Be sure to get your name & site #
on the sign-up sheet...

located either in the club house or mail room,
so we can get you on the map

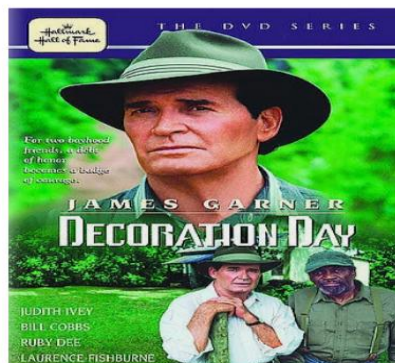
For any questions see...

Joy Stalnaker #65 or Karen Hofferber #49



MOVIE NIGHT

Thur May 14th
5:00 Cartoons
5:30 Movie



Decoration Day

Amazon Rating: 4.8 / 5

A touching small-town story of family, forgiveness, and long-buried truths. Funny, heartfelt, and full of quiet wisdom, Decoration Day reminds us that it's never too late to heal old wounds.

May 13, 2026 3:00 pm, in the Clubhouse Norm Sherman Memorial (Peggy Russell 541-315 5644)

May 15, 2026 2:00pm, Rick DeYoung Memorial (Peggy Russell 541- 315 5644 Help setting ups Chairs)