



A weekly publication February 2 – February 8, 2026

*Published by Your Log Team*

*Input for this newsletter is welcome by Friday a.m. each week sent to  
[sutherlin97479+tvlog@gmail.com](mailto:sutherlin97479+tvlog@gmail.com)*

**Follow Weekly Scheduled Activities on Our Online TeamUp Calendar** Go to Quick Links on the website home page and choose Park Online Calendar.

☀️☀️ **February Sunshine Person is Rhonda Scott 916 267-7663** ☀️☀️

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#### Committee Meetings

February 5, 2026, 10:00 am Communications

February 5, 2026, 1:00 p.m. Lot Improvement

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February 2, 2026, 5 p.m. Potluck Bring a dish to share, your own utensils and a beverage. No washup is available. Please take everything home.

February 4, 2026, Bingo at 6:30 p.m.

February 5, 2026, Chapter 9 Meeting 9:00 a.m. at Abby's

February 6, 2026, Happy Hour 3:00 p.m.

February 8, 2026, Super Bowl Game

**Reminder: Daylight Savings Time Starts March 8, 2026**

## Coffee Club



Our menu may not look exactly like the above, but the Saturday Morning Coffee Club will serve some really good, sweet treats including maybe donuts, muffins, breakfast bars and more.

Come at 9 for the best coffee and a treat. We have, in addition to great eats, great conversation.

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## **Pets in an Emergency: The Basics**

*Brought to you by your Emergency Preparedness Committee*

In emergencies, pets may panic or run due to noise and stress, making planning essential for safe evacuations. Note that cats have higher body temperatures (100°F-103.8°F) than humans and feel cold more quickly than dogs. Choosing a Pet Buddy and preparing a Grab & Go pet bag can make a big difference in your pets' safety.

### **If you evacuate, take your pets**

If it isn't safe for you, it isn't safe for your pets. Many shelters and hotels may not allow pets, so plan ahead. **Tip:** List two pet-friendly lodging options and keep them with your emergency paperwork.

### **Choose a Pet Buddy**

Select one or more trusted neighbors or friends who can care for or evacuate your pets if you are away, ill, or injured. Share contact information, show where leashes or carriers are kept, and explain your pet's temperament (friendly, shy, nervous) so help is quick and safe if needed.

### **Prepare a Grab & Go pet bag**

Keep a labeled emergency pet bag near the door with essentials such as food, water, medications, waste supplies, and a photo of you with your pet to help with care and reunification.

### **Identification & safety**

Microchip your pets and keep information current. Keep pets secured on leash or in carriers during emergencies.

### **Pet Prep In 10 Minutes**

- Choose a Pet Buddy
- Keep leash and carrier labeled with your contact info and photo by your door
- Pack pet food and medications in one tote
- Keep pet identification information current

The information above was compiled from these sources:

American Red Cross -

<https://www.redcross.org/get-help/how-to-prepare-for-emergencies/pet-disaster-preparedness.html>

Centers for Disease Control and Prevention -

<https://www.cdc.gov/healthy-pets/emergency-preparedness/index.html>

Federal Emergency Management Agency - <https://www.ready.gov/pets>

PetMD - <https://www.petmd.com/cat/general-health/how-cold-is-too-cold-for-cats>

U.S. Food and Drug Administration -

<https://www.fda.gov/animal-veterinary/animal-health-literacy/take-care-your-pets-disaster-strikes>

Veterinary Centers of America -

<https://vcahospitals.com/know-your-pet/taking-your-pets-temperature>