



A weekly  
publication

July 20 - July 26, 2025

*Published by Your Log Team*

*Input for this newsletter is welcome by Friday a.m. each week sent to [sutherlin97479+tvlog@gmail.com](mailto:sutherlin97479+tvlog@gmail.com)*

### **Follow Weekly Scheduled Activities on Our Online TeamUp Calendar**

Use this link: [Timber Valley SKP Park of Oregon | Teamup](#) to open the calendar from this online newsletter. Or go to Quick Links on the website home page and choose Park Online Calendar.

☀️☀️ **July Sunshine Person is Cathey Johnson – Lot #15 – (541) 650-1760** ☀️☀️

### **Annual Meeting and Timber Days Week**

See [printed](#) and [online](#) schedule of events

### **In Memoriam**

#### **JOY FOX**

Timber Valley residents were saddened to hear of the passing of Joy Fox, formerly of #198. Joy passed in June 2025. Joy and her husband, Osborne Fox moved into Timber Valley in 1994. Osborne passed in 2004. Joy found companionship in 2011 with Dwayne Nederhood, who became a leaseholder with her in 2014. Unfortunately, Dwayne passed in 2016. Joy remained in the park and was always busy with her crafting with plastic canvas and yarn. She made numerous crafty items for the Welcome Committee. Joy decided to move to Maine to live with her son, Joel in February 2022.

#### **GERALD "JERRY" CHRISTENSEN**

The Timber Valley flag was lowered to honor the life of Gerald "Jerry" Christensen, #158. Jerry and Cindy Christensen became members of Timber Valley on January 10, 2013. Jerry and Cindy travelled back to Sutherlin in the summertime and spent their winters in California. Jerry passed on July 07, 2025 after a long battle. He is survived by his wife, Cindy, son Jeff, daughter Jennifer and his sister, Elaine Teague #45.

#### **GERARD "GERRY" VROOMMAN**

Timber Valley residents were saddened to learn of the passing of Gerard "Gerry" Vroomman, #153, formerly of #160. Gerry and Marilyn Vroomman moved to Timber Valley on July 11, 2018. Gerry was a retired Federal government employee. He was very busy in the park, serving on the Board of Directors as Treasurer, Finance Committee, Board Liaison to the Office, Wi-Fi Committee and hosted the annual Rock Races during Timber Days. Recently, Gerry and Marilyn moved to Grants Pass, Oregon, remaining leaseholders here in Timber Valley. Gerry is survived by his wife, Marilyn, three children and grandchildren. After Gerry's passing, Marilyn decided to make Timber Valley her home.

## 🐾 Furry Friends Corner 🐾

*Submitted by Suzi Rupert*



Hello, my name is Bubba. My Mom and Dad are Chris and Gary. We live together on lot #142. I am a 10-year-old mixed-breed dog. My family rescued me when I was only 3 years old. Boy, am I a lucky pup. My favorite pastimes are munching treats that my mom makes and sleeping with my favorite teddy bear. (pic at right). Stop by and say “hi” and bring a treat.



## Health and Safety Information in Extreme Heat

*Shared by the Timber Valley Emergency Preparedness Committee*

As extreme heat conditions intensify across Oregon, state agencies urge residents, especially older adults and those without air conditioning, to take precautions. The Oregon Department of Emergency Management and Department of Human Services emphasize the serious health risks posed by prolonged heat exposure. Heat exhaustion and heat stroke can escalate quickly, so it is important to recognize symptoms and respond immediately.


Stay hydrated, avoid strenuous activity, use cooling centers, and check on your neighbors. Wildfire risk and power grid strain also increase in high temperatures, so please follow fire bans and conserve energy.

For resources and alerts, dial 211 or visit [bit.ly/45XeNIS](https://bit.ly/45XeNIS).

### Heat Exhaustion


- Faint or dizzy
- Excessive sweating
- Rapid, weak pulse
- Nausea or vomiting
- Cool, pale, clammy skin
- Muscle cramps

vs.




### Heat Stroke

- Throbbing headache
- Confused, may lose consciousness
- Rapid, strong pulse
- Nausea or vomiting
- Body temperature above 103°
- Red, hot skin



Help the person get to a cooler, air conditioned place. Encourage them to drink water if they're fully conscious.



Call 911. Get the person cool rapidly by laying them in cool water or dousing them with it.

For more information, visit [healthoregon.org/preparedness](https://healthoregon.org/preparedness)

