



**A weekly  
publication**

March 19, 2023

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Input for this newsletter is welcome by Friday a.m. each week sent to the editor

### THIS WEEK'S CALENDAR REMINDERS

Sunday, March 19th - 2 p.m. - **Chair Volleyball** - Open to everyone  
Wednesday, March 22nd - Noon - **Wednesday Soup** - \$2.50 or \$3 w/dessert- sign up , bring bowl & spoon  
Thursday, March 23rd - 5 p.m. - **Movie Night** - **"The Hunt For Red October,"** see page 2  
Friday, March 24th - 3 p.m. **Social Hour w/ speaker**, see page 2  
Saturday March 25th - **9 a.m. - Coffee and Donuts** - Gather and Visit  
Saturday, March 25th - 10:30 a.m. - **Whisk Masters Cooking Group** - Come join them!

*(Keep track of regularly scheduled weekly activities on the monthly Team-up calendar)*

☀️ ☀️ **March Sunshine Person - Linda Essex - Lot # 13 - (954) 536-9842.** ☀️ ☀️

### A RECOMMENDATION

Richard and Deb Hickethier, AWL #40 staying on Lot 78 have contributed the following link you may wish to follow for results of important studies related to retirement and how it affects our minds and bodies. <https://www.cnbc.com/2023/03/10/85-year-harvard-happiness-study-found-the-biggest-downside-of-retirement-that-no-one-talks-about.html>

After reading what it has to say you will realize how fortunate we are to be here in Timber Valley where we have a myriad of opportunities to remain active, both in mind and physically. Consider taking advantage of things new to you. You may enjoy the rewards.

### SAD TIMES STRIKE AGAIN

March 11th, 2023 marked the day we lost our beloved park member, Beverly Boykin. Following her valiant fight, cancer won the battle. Beverly lived a good life and was a great Escapee. She and George share a very early SKP number, the lowest in our park, #1131. We are grateful for all she shared with us, serving faithfully on committees including the landscape committee where she was often seen out there with others keeping our park beautiful, hosting rallies, and serving on the Board of Directors until her health made that no longer possible. She was an exemplary person and will be sorely missed. Healing wishes are directed to George and family.



On the very same day, March 11th, we lost another person who had left the park but is well remembered by many. Janie Lee Burke wore purple clothing, her fifth wheel had purple awnings, she drove a golf cart with a purple cover and she wanted to be called Purple. She grew many of the vegetables she ate and processed them for eating later. She loved cats and her special love was "Fang". The name fit his description well as when you looked at him he truly showed fangs, but it turned out that the fangs were properly placed streaks of white fur. When health problems made it necessary for Purple to move east to be near family, Fang was adopted by Jeannie Bartholomew and hopefully is doing well in Arizona.



### COMMITTEE MEETINGS THIS WEEK

(None listed this week)

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## A HEADS UP TO LANDSCAPERS

A spring clean up will begin Friday, April 7th at 9 a.m. All available current members of the committee and those who would like to help should meet at the landscape shed near the shop at 9 a.m.

## DON'T MISS THIS WEEE'S SOCIAL HOUR



**Eric Moosman** will be speaking to us about Resistance Bands! A convenient, compact, portable, low cost, safe, effective way to achieve cardio and strength training. We'll be treated to a brief overview of strength-band versatility. Eric Moosman (also being called by some "the Stretchy-band Guy," is a certified strength band trainer (through IFPA.)

Eric and his wife, Marya, are visiting Timber Valley for the third winter as they escape the Idaho, Teton-mountain-range snows. They are currently number 38 on the AWL and are on Lot 181. Come meet Eric & Marya. Join "the band" at the clubhouse Friday, March 24th at the 3 pm social hour. Will be of interest to all!

## Come to the movie ~~~~~ "THE HUNT FOR RED OCTOBER"

Thursday, March 23

5:00: Free popcorn

5:30: Movie starts

Based on the popular Tom Clancy novel, this suspenseful movie tracks Soviet submarine captain Marko Ramius (Sean Connery) as he abandons his orders and heads for the east coast of the United States. Equipped with innovative stealth technology, Ramius' submarine, "Red October," is virtually invisible. However, when an American sub briefly detects the Russians' presence, CIA agent Jack Ryan (Alec Baldwin) sets out to determine Ramius' motives, fearing he may launch an attack on the U.S.

MC notes: Enough of the chick flicks, this is one for the guys. But fear not ladies, it's a very good movie and it stars Sean Connery.



## ST. PATRICK'S DINNER DONE RIGHT

68 people filled the clubhouse on Friday to enjoy a delicious St. Patrick's Day dinner. Chef Denis and his faithful crew prepared a yummy traditional corned beef and cabbage meal, complete with potatoes, carrots and fresh made Irish soda bread.

