



Timber Valley Log

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A weekly
publication
January 1, 2023

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Input for this newsletter is welcome by Friday a.m. each week sent to the editor

THIS WEEK'S CALENDAR REMINDERS

Monday, Jan. 2nd - 5 p.m. - **Monthly Potluck Dinner** - Dining Room - Bring a dish to share, place setting
Wednesday, Jan. 4th, - 12:30 p.m. - **Soup for Lunch** - clubhouse - \$2.50 per person
Saturday, Jan. 7th - 9 a.m. - **Coffee & Donuts** - Dining room
Saturday, Jan. 7th - 10:30 a.m. - **Whisk Masters Cooking Group** - Dining room

(Keep track of regularly scheduled weekly activities on the monthly Team-up calendar)

☀️☀️ **January Sunshine Person is Reggie Domino- Lot #115- (916)-501-4888** ☀️☀️

WELCOME 2023

Are we ready? If you haven't made your resolutions yet, better get going. Here are some suggestions: **Exercise More** —start with QiGong's low impact, very beneficial ½ hour sessions at 10 a.m. on Monday, Wednesday & Friday in the Clubhouse dining room.

Get to know fellow park members.— Attend functions such as Social Hour where we can really visit, especially on weeks without a speaker. It's good to chat as we nibble treats we bring.

Get your picture taken for inclusion on the "Timber Valley Family" picture board. Make yourself available for getting this done . if your picture is missing call Joan Larson, 541-817-7983.

Be Patient, Be Understanding, Be Helpful, Be Well, Be Happy. Give Thanks!

SOUP, SOUP, SOUP

The leftovers from the delicious feast served on Christmas Eve were turned into two kinds of delicious soup by Chef Denis. It was served to at least 25 appreciative people last Wednesday How would you like to plan on a nice hot tasty soup every Wednesday throughout the cold months ahead.. Chef Denis is planning to make that happen. At a charge of \$2.50 per person, not only will the chef be preparing soup each week but he will be making fresh bread to go with it! Where else can you get a bargain like that? This week he will be serving minestrone. Look for a signup sheet each week to give him a better idea of numbers to prepare for. Continue to bring your own bowl and spoon. If you plan to take your soup home to eat, please bring your own take-out container. Remember to sign up and enjoy!

FAREWELL FRIEND



Anna Mae Collins has been gone from Timber Valley for a number of years now but had been an active member especially enjoying a number of the games played in the park. Word came from the care facility where she has lived since leaving here that she has passed away. This news revives fond memories for many.

COMMITTEE MEETINGS THIS WEEK

Thursday, Jan. 5th - 10 a.m. -  **Communication Committee** - Dining Room

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SOUP

and
Fresh made Bread

Every Wednesday

Through the coming cold months
At 12~30 p.m.



Deliciously
Prepared by
Chef Denis



Sign up
Each week
Signup sheets will
list the kind of soup
for that week
\$2.50 per person

*Enjoy this offering by Denis to keep
the Winter Blues away!*