



TRAILER TRACKS

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MONTHLY MEETING

Chapter 9 members meet the second Wednesday of each month at 9 am, during breakfast, at Abby's Legendary Pizza, 1011 W. Central Avenue in Sutherlin, Oregon.

A signup sheet is located in the Timber Valley SKP clubhouse, as we need to know by Tuesday how many are planning to be there.

**All Escapees
are welcome!**

Other Chapter 9 events will be announced in *Trailer Tracks* or on the Chapter 9 page of our website, www.timbervalleyskip.com

Holiday Time

By Betty Bush

Here we are December and a joyous season is upon us. We had a lot to be thankful for in November, time with friends and family, good food (too much) and looking forward to December celebrations in our Community.

Terry and Chuck are working on some fun things and Becky Holm is planning a Holiday Vegan Food Demo on Saturday, December 7 at 10 a.m. after coffee and donuts. It will be fun to try some new foods. There is also a December outing planned for December 6, the Festival of Trees at 7 Feathers is free for Seniors from 9a.m. – 1p.m., there will also be a chorus for entertainment. We plan to leave the Clubhouse at 9 a.m. There is a signup sheet in the Hall. We plan to have lunch somewhere afterwards if you are interested.

A group of us attended The Nutcracker Ballet on November 24, it was a great performance especially the little children, then we went to dinner at Red Robin (delicious hamburgers) no calories there! It was a fun afternoon and enjoyed by all.



The tree in the Hall is lovely. Thanks to all who helped decorate. Please don't forget gifts for the children.

This is the season to be joyous, put a smile on your face and find some joy in your life every day. In light of the issues we have had in the Park I suggest we all learn to be friends in the true meaning of the word, Friendship. We can build friendships that can last a lifetime if we remember these things that come to mind: trustworthiness, forgiveness, loyalty, helpfulness, kindness, understanding, encouragement, humor and cheerfulness, just to mention a few.

Reminder, our next breakfast is December 11, 9 a.m. at Abby's, don't forget to sign up. I wish everyone a very Blessed and Merry Christmas.

ARIZONA, I MADE IT!

By Jackie Deal

'Twas not the night before Christmas, it was the moment my doctor said, "Jackie, you can go south. It's benign". In three days I left the beautiful green mountains of Oregon for the somber brown hills of Arizona. It took me several years to appreciate that those brown hills (mountains) were many shades of brown through purple into gray. And the desert floor is not grassy but rocky, pebbly, punctuated by cactuses and brittlebush and all manner of things with thorns. There are still flowers, bright red and pink on bushes but all the gorgeous cactus flowers have faded away without the intense summer sun. I have two palm trees: one shaved the other needing a shave and a haircut! As the trees stretch upward the fronds die, wither and hang down all shaggy and yellow. Using a "cherry picker" most places trim the dead fronds and the tree keeps a weird little knot on top.

In Quartzsite I write for the "Desert Messenger", a twice a month well distributed free newspaper. I missed one issue so tried to make up for it by hurriedly writing about five articles for the coming issue. I interviewed a very interesting acupuncturist and even tried it out! I must have had 25 needles in various places and only one hurt. All the rest were just pressure. I'm reserving judgement on whether it helped.

Thanksgiving I helped serve a bountiful turkey dinner and now when I volunteer at the QIA (Quartzsite Improvement Association) I get free lunches, yum,yum, left-over turkey. The QIA is the largest civic community center in town and if it's happening it usually happens there. I volunteer in the office which wouldn't be so bad except that we have a new iPad computer cash register set-up. How many ways can you foul up and not be able to back up or erase? I found them all!

Last year I made the mistake of letting them put my name on the ballot for the QIA board; nobody knows me, right? That may be right but I'm now on the board. We had our first board meeting yesterday and it lasted 3 hours and almost interfered with my square dance lessons! (Gotta keep your priorities straight!) We have all new officers and it takes a lot of effort to run an all-volunteer community center that has 3 or 4 activities running almost every day.

The Salvation Army Thrift Store, run by some of the neatest volunteers in town, claims my time twice a week. I'm Toy Lady but we have a shortage of toys and I also do the medical items. It must be the most popular store in town as you can hardly get down the aisles and the cash register line is about 20 long all day.

Almost every night there are music jams at one RV park or another and several bands play for dances. I miss not having a partner so dances are bitter-sweet. I'm busy, I'm happy and I wish for all of you in Timber Valley the same kind of joy that I find in life.

Becky's CoRNer

Happy, happy, happy day, my friends. The season is upon us! Are you ready?? Here's a gimme recipe.

Pot Pie

Store bought pie crust
Frozen veggies (or left overs!)
Can of beans (or not)
1 pkg silken tofu
2 Tbsp Chik'n bouillon
Seasonings of your choice
Pop-em crescent rolls

Bake the pie crust for about 10 minutes at 375 degrees. Add in veggies and beans (or left over meat). Blend tofu, seasonings and bouillon together and about 1/2 cup water. Pour over the veggie mixture. Pop open the crescent rolls and plop them on top. Bake until heated through and crescent rolls are golden.

AND for more recipes for quick, easy TASTY plant based cooking, Join me on Saturday at 10 am... only \$5! Let me know you're coming. beckyllholm@gmail.com or 541.817.3472